

## Swedish Sailing Federation's Safety Policy

Swedish sailing has a high awareness and knowledge of safety on the water.

Everyone who participates in activities within the federation's framework undertakes to show good seamanship, which includes:

- to follow the laws and regulations at sea,
- to always wear a life jacket on the water, not only for competition and training,
- to ensure that the boat and safety equipment function and comply with applicable regulations,
- as a coach, instructor or functionary, to ensure that everyone in the area of responsibility has appropriate safety equipment, and
- to always show consideration to all that are within or close to the race- or practice area and to, when needed, assist anyone in need.

The points above are mandatory for all licensed coaches, instructors and officials at all regattas and sailing schools that are sanctioned by the Swedish Sailing Federation. Failure to follow these points can lead to rejection from the school/training or the racing area.

**We shall be role models to others at sea!**